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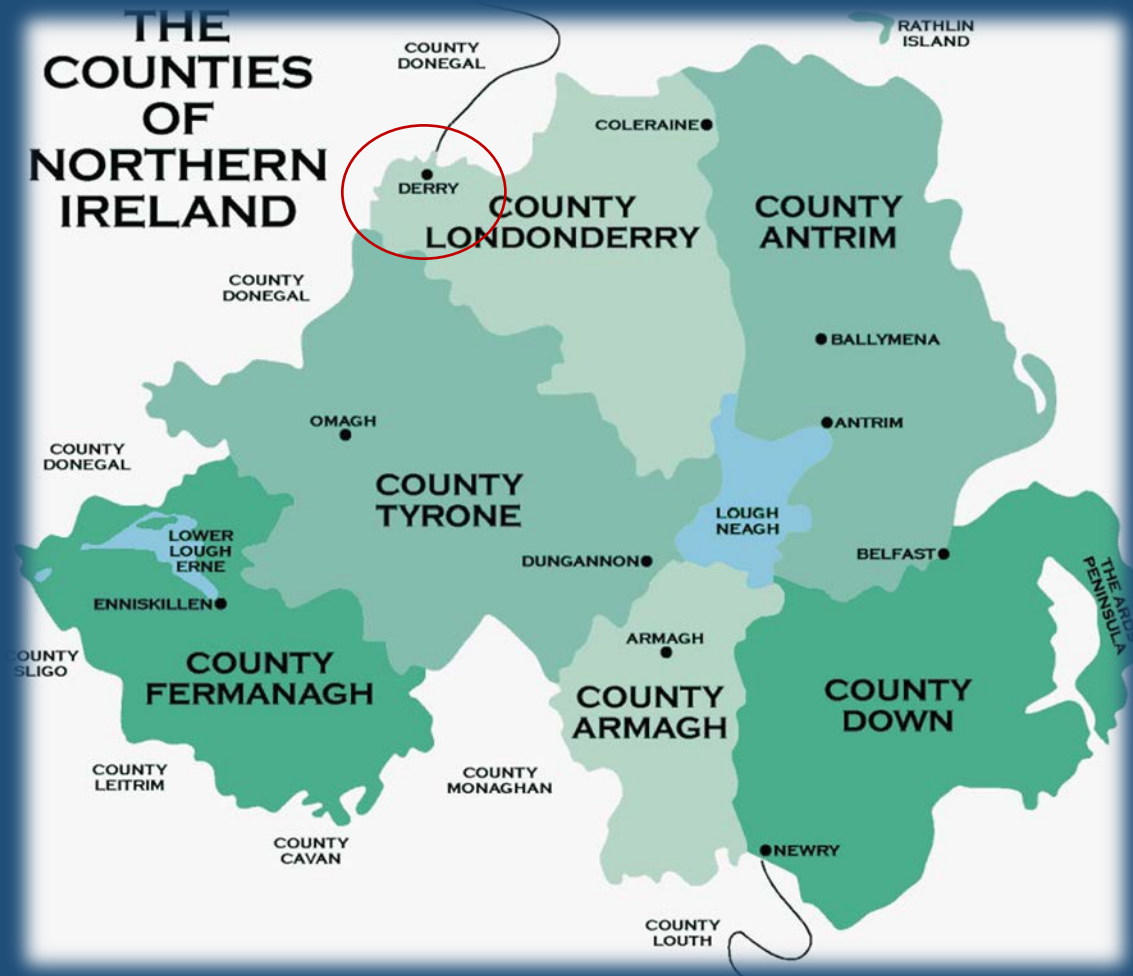
**From Communities in Conflict to
Compassionate Communities**

The compassionate communities model emphasizes:

- the strengthening of social capital*
- mutual aid relationships*
- the ability of citizens to actively participate in the development of their communities, to create social connections and care for each other –*

- Can we expand and apply this 'compassionate communities' model to peacebuilding and conflict resolution more broadly?*
- Two examples of communities in conflict:
Northern Ireland, Israel-Palestine*

Northern Ireland



Bloody Sunday, 1972



DOHERTY
CIVIL RIGHTS
ASSOCIATION



Patrick 'Paddy' Doherty



Gerald Donaghy



John 'Jackie' Duddy



Hugh Gilmour



Michael Kelly



Michael McDaid



Kevin McElhinney



Bernard McGuigan



Gerard McKinney



William McKinney



William Nash



James Wray



John Young



John Johnston

Paul Doherty from Derry





Tony recalls the taste of the chewing gum in his mouth, the pattern of the stair carpet beneath his feet, the silence in the house as his mother tells him “your Daddy’s dead. He was shot by the army.”



A community in healing



Mr Kelly (64), an education and outreach officer at the Free Derry museum in the Bogside, said DUP MP Gregory Campbell's statement about the matter, including that prosecution of the soldiers "could prove disastrous in how our society deals with the past," is without merit.

"He's talking a load of rubbish. It had nothing to do with the peace process, justice has to be seen to be done," Mr Kelly said.

Belfast Telegraph 2013

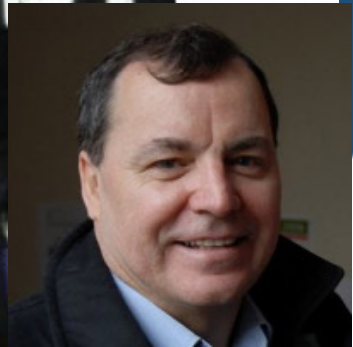


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EYEWITNESS BLOODY SUNDAY

THE TRUTH



DON MULLAN

VITAL CATALYST FOR THE NEW BLOODY SUNDAY INQUIRY
INSPIRATION FOR THE NEW FILM 'BLOODY SUNDAY'
Winner Best Picture - Sundance Film Festival Winner Best Picture - Berlin Film Festival



Israel-Palestine





Former peace poster girl





Abir Arawin
2007-1997



Smadar Elhanan
1997-1983



A film by Shelley Hermon





We don't want you here

So what is “our” role?

Needs assessments:

- *exploring existing interventions*
- *assessing community capacity*
- *identifying needs.*

These activities include focus groups, interviews, literature review consultations, etc.

Stakeholders’ engagement & mobilization:

activities related to solicitation, recruitment and training of stakeholders involved in the design and implementation of CCs

The 1st International Conference on Health Promotion, Ottawa, 1986

Prerequisites for Health

The fundamental conditions and resources for health are:

- **peace,**
- shelter,
- education,
- food,
- income,
- a stable eco-system,
- sustainable resources,
- social justice, and equity.
- Improvement in health requires a secure foundation in these basic prerequisites

The generational transmission of trauma

Survivors

direct traumatic
experience

Children

emotional distance and
conflicts within family

Next generations

strange moods
within the family, feelings
of guilt, diffuse anxiety

INTERGENERATIONAL TRAUMA

@THEPRESENTPSYCHOLOGIST



Someone who experiences trauma (like abuse) can suffer from lifelong effects



Effects like anxiety, shame, depression, substance abuse and risky behavior



When that person has children, the impact of the trauma can affect them



Parents may develop a neglectful/authoritative style or project their trauma on their children



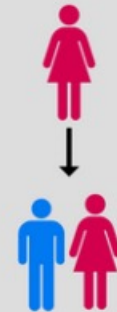
As a result, the child develops a trauma due to growing up with a traumatised parent



This is 'intergenerational trauma' as the effects of trauma are passed on through generations

Intergenerational transmission

Exposure leads to changes in phenotype in children



Multigenerational transmission

Exposure leads to changes in phenotype in children and grandchildren



Transgenerational transmission

Exposure leads to changes in phenotype in children, grandchildren, and subsequent generations to exposed to initial insult



Mommy PhD

treating conflict, trauma and mental health

- **Professor Siobhan O'Neill** is a Professor of Mental Health Sciences at Ulster University. She is currently Mental Health Champion for Northern Ireland, where she advises and assists in the promotion of mental health and wellbeing through all policies and services throughout the province.
- Her role is as a public advocate for mental health, and to be a voice for those otherwise voiceless. Her goal is to communicate the collective voices of people with lived experience and their families and carers, and to advocate for communities impacted by mental health inequalities.
- In 2008 Siobhan coordinated the largest ever study of mental health in Northern Ireland*, revealing the high proportions of the NI population who had unmet mental health needs and the extent of mental illness associated with the NI conflict.
- *the NI Research and Development Office funded, NI Study of Health and Stress. This study



Building compassionate communities

- *“Future research should pay attention to **community-led initiatives** and evaluations that may not be currently reported in the peer-review literature.” (Dumont et al.)*

What support can be offered from within the community? (e.g. children may need additional support at school)

What support can be offered from outside the community?